

# Bounce

**Musik: Sarah Connor**  
**Choreo: Heike Armbrecht**  
**Sequence: A-B-A-B-C-A-Brigde-A-A-Ending**

**Level: Easy**  
**Time: 3:45**

**Intro: With Hands**

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**Part A) Stomp Double in The Box**

**STO DS DS RS**  
**L R L RL**

**4 Swinging Basic**

**DS RS**  
**L R**

**Triple Kick forward**

**DS DS DS KK/HL**  
**L R L R L**

**Triple back**

**DS DS DS RS**  
**R L R LR**

**REPEAT Part A**

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**Part B) Fancy Double**

**DS DS RS RS**  
**L R LR LR**

**Triple left & Triple right**

**DS DS DS RS & DS DS DS RS**  
**L R L RL R L R LR**

**Fancy Double**

**DS DS RS RS**  
**L R LR LR**

**2 Vine 8**

**DS DS(xif) DS(ots) DS(ib) DS(ots) DS(xif) DS(ots) RS**  
**L R L R L R L RL**

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**Part A) 4 Stomp Double in the Box, 4 Swinging Basic's, Triple Kick – forward  
Triple-back**

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**Part B) Fancy Double, Triple-left & Triple-right, Fancy Double, 2 Vine 8**

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**Part C) 4 Rocking Chair in the Box**

**DS BR/HL DS RS**  
**L R L R LR**

**2 Vine 8**

**DS DS(xif) DS(ots) DS(ib) DS(ots) DS(xif) DS(ots) RS**  
**L R L R L R L RL**

**Part A) 4 Stomp Double in the Box, 4 Swinging Basic, Triple Kick-forward & Triple back**

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**Brigde: 4 Cowboy's in the Box**

**DS DS DS BR UP/HL DS RS RS RS ( turn ¼ left)**

**L R L R R L R LR LR LR**

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**Part A) 4 Stomp Double ( Box),4 Swinging Basic, Triple Kick-forward & Triple-back**

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**Repeat Part A)**

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**Ending) 1Step with Arms**

**ST**

**L**

**Good Luck!!!!!!**